# **SPECIAL EVENTS**

# **Christmas in July Donation**

The entire month of July

This month, we will be having a donation drive for the Linda L. Kelly Animal Shelter. Please see Programming Staff for the Shelter's Wish List.

## Red, White, & Blue Field Day

Friday, July 2, 9:30 a.m.

Come out and enjoy a morning full of backyard games, then stick around for a summer lunch. Prizes for the winners! Pre-registration for lunch is required.

#### **Lattes & Coloring**

Tuesday, July 6, 10 a.m.

Enjoy a Vanilla Latte while coloring. It's relaxing and fun!

#### **Name That Word**

Monday, July 12, 10 a.m.

This surprisingly fun game gets you thinking and laughing at the same time! Stop in the Dining Room to play.

#### **DIY Necklace Craft**

Thursday, July 15, 10 a.m.

Tammie will show you how to make a beautiful necklace using washers! Registration required.

### **Seniors Against Scams**

Tuesday July 20, 10:30 a.m.

Come sit in on this virtual presentation by NCOA that highlights popular scams that target older adults.

### **Olympics Opening Ceremony**

Friday, July 23, 8:45 a.m.

Summer Olympics are here! We will be streaming the Opening Ceremony in the Auditorium. Coffee and donuts provided.

## **Healthy Vision Talk**

Tuesday, July 27, 11 a.m.

July is Healthy Vision Month, come to the Fireplace Lounge to learn how to keep your eyes healthy.

#### **All About Olive Oil**

Thursday, July 29, 10 a.m.

Learn the health benefits of Olive Oil and how to incorporate it into your diet.

# **July 2021**



# **CALVERT PINES NEWS**

450 West Dares Beach Road, Prince Frederick MD 20678 Phone: 410-535-4606 Fax: 410-535-1903

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30A Gift Shop Crafting 9:30A Walk to the Beat 10:30A Let's Move 12:30P Hand & Foot (cards)	9:30A Board Games 10:00A Fitness Rm Orientation	8:30A Gift Shop Crafting 9:00A Ceramics +\$ 9:30A Duplicate Bridge 9:30A Walk to the Beat 10:30A Let's Move 12:30P Hand & Foot (cards)	8:30A Behavioral Health Counselor + 9:00A Adventures in Art +\$ 12:30P Bible Study 2:30P Fitness Rm Orientation	8:30A Behavioral Health Counselor + 9:00A Ceramics +\$ 9:30A Walk to the Beat 10:30A Let's Move
	ОТ	HER SCHEDULED ACTIVIT	ES	
\$=Fee +=Pre-registration required			9:30A Senior Council Meeting  No "Adventures in Art"	9:30A Red, White & Blue Field Day +
5 CENTER CLOSED FOR INDEPENDENCE DAY HOLIDAY	10:00A Lattes & Coloring	7 11:00A Nutrition Education: Protein Bars vs. Protein Snacks	10:00A Summertime Bingo	9
10:00A Name That Word!	9:30A Morning Movie: Jaws	Island Day Wear your island shirt and enjoy tropical music all day long!	10:00A DIY Necklace Craft +	12:00P Project Linus
9:30A Muffin Monday	10:30A Seniors Against Scams 1:00P FCCS Meeting	21 11:30A Dining Room Trivia	9:30A Beach Rock Art 10:00A Contract Bridge	8:45A Olympics Opening Ceremony
26	11:00A Healthy Vision Talk	12:30P Ice Cream & DooWop	10:00A All About Olive Oil	11:00A Stand-Up Pictionary

July/August 2021 The Connection

# **SPECIAL EVENTS**

## **Variety Players Performance**

Monday, August 2, 10:30 a.m.
Listen or sing along with the Variety Players!

#### **National Night Out**

Tuesday, August 3, 5:30 p.m.

This is a community event that promotes police and community partnerships. Come out and enjoy grilled burgers, hot dogs, chips, and sodas. Free.

#### **Book Lover's Day Celebration**

Monday, August 9, 10 a.m.

It is National Book Lover's Day! Stop in the Fireplace Lounge to grab a book from Calvert Library or come chat about your favorite book.

#### **Presto PESTO!**

Wednesday, August 11, 11:15 a.m.

A little basil, a little olive oil, and a whole lot of taste! Learn how to make delicious homemade Pesto.

#### **All About Avocadoes**

Monday, August 16, 10 a.m.

Avocadoes are not just for Guacamole! Learn the benefits to this yummy fruit and other ways to enjoy them.

# Jefferson Patterson Park

**Presentation** 

Wednesday, August 18, 10 a.m.

Listen and learn the history of this local park and see some of the artifacts that have been found there.

#### **DIY Memo Board Craft**

Thursday, August 19, 10 a.m.

Get organized by making your own Memo Board. Registration required.

#### **Meet the Staff**

Monday, August 30, 11 a.m.

Calvert Pines has a lot more to offer then fun card games, and exercise classes. Meet the staff here and learn what else we do!

### **Newsletter Release Party**

Monday, August 30, 12:30 p.m.

Come find out what activities we will be having in September and October! You will be able to sign up for events and ask questions. Raffle Prizes available!

# August 2021



# **CALVERT PINES NEWS**

450 West Dares Beach Road, Prince Frederick MD 20678 Phone: 410-535-4606 Fax: 410-535-1903

MONDAY	TUESDAY		WEDNESDAY	THURSDAY	FRIDAY
8:30A Gift Shop Crafting 9:30A Walk to the Beat 10:30A Let's Move 12:30P Hand & Foot (cards	9:30A Board Games 10:00A Fitness Rm Ori	8:30A 9:00A 9:30A 9:30A 10:30A 12:30F		8:30A Behavioral Health Counselor + 9:00A Adventures in Art +\$ 12:30P Bible Study 2:30P Fitness Rm Orientation	8:30A Behavioral Health Counselor + 9:00A Ceramics +\$ 9:30A Walk to the Beat 10:00A Open Art \$ 10:30A Let's Move
		OTHER S	SCHEDULED ACTIVI	TIES	
	2	3		4 5	6
10:00A Contract Bridge 10:30A Variety Players Performance	<b>10:00A</b> Best of " <i>I Love L</i> <b>5:30P</b> National Night C	_		9:30A Senior Council Meeting	11:00A Name That Word!
	9	10	1	1 12	13
10:00A Book Lover's Day Celebration	9:30A Morning Movie: F Gump		A Presto PESTO!	10:00A Cooling Off with Bingo	
	16	17	1	8 19	20
10:00A All About Avocados	Tie-dye Shirt Day 1:00P FCCS Meeting	Park P	A Jefferson Patterson resentation  o "Walk to the Beat"	10:00A DIY Memo Board +	10:15A 24U Performance 12:00P Project Linus No Exercise Classes
	23	24	2	25 26	27
	10:00A Lattes & Colorin	g 10:00 <i>A</i>	A Outdoor JENGA	9:30A Under the Sea Rock Art 10:00A Contract Bridge	12:30P Ice Cream & Motown
	30	31			
11:00A Meet the Staff 12:30P Newsletter Party	9:30A Badminton 12:00P Picnic Lunch +				\$=Fee +=Pre-registration required

July/August 2021 The Connection